

How Women Ruin Relationships By Talking Too Much!

Women can't stand empty silences and will often fill the quiet with tidbits of information about their past, laying them out like an offering to the Gods. Why clog a man's brain with information that will do nothing but make him jealous, cause him to question your past, or make him feel insecure about a future with you? Really, it would be best if women learned to shut up sometimes!

Being Like A Man Is Not Always A Bad Thing!

Women complain frequently about male/female communication. "Men don't communicate" these ladies say in frustration. Women complain that men give one-word answers, don't elaborate and tell the entire story in a play by play fashion, and that it feels like "pulling teeth" to get information out of them.

Women operate on a different dynamic and love to share their feelings, experiences and thoughts with others. I think this female style of communication is a way that bonds us and brings us closer to others. Which means this communication style is fine with other women when we get together and talk about family and work. But it is absolutely positively the wrong way to communicate with your romantic partner when it comes to the sexual pleasures you've enjoyed before he came on the scene!

Are All The Mysterious Women Dead?

"She possesses an air of mystery." Sadly, that trait is one many women have completely abandoned. In their quest to "be honest" women feel it necessary to tell their man every thought that passes through their head, and every single thing they've ever done in this life and those previous. In other words, women blab and share wayyyy too much information.

Guys avoid those types of disclosure like the plague. Their thinking is if you haven't asked a specific question, it isn't important enough to bring up, and it's probably not in their best interest to do so.

Men want things in their relationships to be smooth and easy and pleasant. Smart men know that telling their new woman how great their ex was in bed is not something she needs to know. They know women aren't happy hearing that type of news, and there will be some serious unpleasant moments that follow the delivery! Men are smart enough to know that a female coworker's breast augmentation and how much hotter she looks now is not something their woman needs to know either. Women should adopt a similar policy.

Keep The Past Where It Belongs...In The Past!

Recently a letter came into my advice column from a 35 year old woman that had been introduced by her Mom to a nice physician, formerly from her neighborhood. Though he seemed to be somewhat of a braggart, the two got along well and things looked like they were going someplace.

One day he mentioned that he was going to get a haircut in the old neighborhood, and she volunteered that she had gone out to dinner a few times with the owner of that same barbershop. No relationship, nothing sexual, just out to dinner twice.

After this revelation the young Dr. went to the barber and inquired about his interaction with the woman in question. The barber embellished the interaction and represented the relationship as more than it had been, much to the young doctor's chagrin. Feeling that his reputation would be at risk from this association, he immediately broke off the budding relationship.

Why?

He knows how men are. He knew that the other men in the shop would be trading jokes and stories about sexual activities with his new girl, and that he didn't want to endure the subsequent embarrassment.

Why did this young woman not keep her mouth closed? What benefit did she think would be gained by bringing up ancient history? Why talk about something that involved just a couple of dates that took place years ago and led to nothing?

The boyish competitiveness and desire to bring a man with higher social standing and more money down a peg or two is what was behind this little drama. Understanding men's egos, the dynamic under which men compete and the manner in which men judge women's suitability as a steady girlfriend and/or wife should be enough impetus to keep your lips closed.

However, if you plan to marry, full disclosure should be expected by your fiancée and provided on about matters vital to the marriage. Openness on subjects such as debts, health concerns, child support and visitation, and income are mandatory, but that is really all that is needed.

In conclusion, think before you open your mouth and "share" information with your man that he won't be able to handle. Blabbing every detail about your past interactions with other men will do nothing positive for your new relationship. Every woman past the age of 21 has a past of some sort. The men that come into your life need to accept the woman that you are, take you as you come and love you for exactly who and what you are right now.

Your past, with all your mistakes, challenges, and experiences together created the fascinating creature that he has fallen in love with. Your past should be something you keep to yourself and reflect on in old age with an enigmatic smile. It should be remembered and respected, but never trotted out for critical review and comment by every guy you date.

About the Author

(c) 2008 Deborrah Cooper. Deborrah has authored dozens of relationship articles and advice columns on [Ask HeartBeat!](#), which focuses on modern relationships for teens and adults. Her dating guide Sucka Free Love! provides street-smart, hilarious insight into the toughest issues facing singles today. Check out [The Sucka Free Dating Radio Talk Show](#) on Wednesday night at 8:00 pm PST.

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