

## Soap Nuts (Soapnuts) - The Environmental Detergent

Have you ever thought about all the chemicals that we pour down the drain daily? What impact do they have on our environment? What does this mean for our children's future? How can we minimize the harmful chemicals we use & save the environment at the same time? Soap Nuts are the answer.

What are Soap Nuts?

Soap Nuts are not actually nuts at all, but berries (also known as soap berries) that grow on trees in India & Nepal. They contain high concentrations of saponin, which acts as a natural soap when it comes into contact with water.

What can I use Soap Nuts for?

The most common & easiest use of soap nuts is as a laundry detergent. Just place three or four half-shells of soap nuts in a muslin bag (provided with most soap nuts orders) and throw it in with your laundry instead of regular detergent and you are on your way to becoming environmentally friendly. When using soap nuts in your laundry, you do not even need a rinse cycle, thus preventing gallons of water from unnecessarily going down the drain. If you want to expand your soap nuts into a multi-purpose cleaner, simply boil 100 g of soap nuts in 12 cups (3L) of water for 30 minutes. Fish out the shells, throw them in your compost, & you are left with a highly concentrated, natural, liquid detergent. For more applications, visit <http://SoapNuts.Wordpress.com>

How does the use of Soap Nuts affect Grey Water?

Soap nuts are antimicrobial. After their detergent goes into the sewer system, it helps break down the grey water into a more usable form. The use of soap nuts actually benefit the environment, rather than hurting it as the harmful chemicals we use do. Because of their unique antimicrobial properties, soap nuts are also used in aid of soil restoration.

What harmful chemicals are found in my regular laundry detergent?

Regular laundry detergents may contain any or all of the following:

Enzymes – Are a skin sensitizer, but may cause dermatitis and allergic reactions

Sodium Hypochlorite – Causes lung irritations, bronchial or respiratory reactions, cardiovascular damage, as well as eye and skin damage.

Nonylphenoxy Ethoxylates – Is an endocrine disruptor, and can cause an activation of cellular estrogen receptors (even at low levels) This is implicated in causes of a rise in breast and prostate cancer, infertility issues, a decline in amphibian populations and the reversal / feminization of birds, fish or reptiles.

Are Soap Nuts Gentle on my skin?

Yes. Soap nuts contain no chemicals, and are therefore non-allergenic. Many people (myself included) who suffered from eczema and other skin irritations have seen their problems diminish after switching to soap nuts as a laundry detergent.

How does my Purchase of Soap Nuts affect India & Nepal?

Your purchase of soap nuts is beneficial to both the economy & environment of India & Nepal. In these two countries, there are many poor people. Because soap nuts are plentiful, they become non-saleable locally. Therefore, soap nut trees become more valuable & marketable as firewood than for the environmentally friendly soap nuts that they grow. When soap nuts are marketed overseas, it employs local residents to harvest them, which in turn, stimulates the economy. At the same time, it makes the trees more valuable living than dead. This helps save our tropical forests.

Soap Nuts are the Environmental Detergent.

The use of soap nuts reduces the use of harmful chemicals, helps in restoring our polluted earth, and saves our tropical forests. Isn't it time you did your part in painting a greener future for our children?

For more information on soap nuts & pricing visit <http://Stores.HotterThanHealth.com/StoreFront.bok>

### About the Author

<http://Stores.HotterThanHealth.com/StoreFront.bok>

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