

## Common Hair Extension Facts Part 2

A lot of people are worried about getting hair extensions applied as they are under the impression that doing so will ruin their natural hair. The only way that this will happen is if your stylist doesn't know what they are doing! Hair extensions should be a safe process that leaves your hair in the same condition it was in when you first had the extensions applied.

The amount of time that your hair extensions will last depends on if you take the correct after care procedures and also the rate at which your hair grows. You will need to re-visit your salon about every six to eight weeks to have your extensions looked at and if needed replaced. This is because as your hair grows the bounds of the extensions will get lower down your head so the bounds will need to be taken out and then put back in at your roots.

As well as your extensions not damaging your natural hair they also shouldn't hurt when they are being applied. If you are in pain when your extensions are being applied your hairdresser isn't applying them correctly. If you do feel pain when you are having your extensions applied you should always notify your stylist as you are running the risk of not only damaging your hair but also damaging your scalp if you say nothing. Your stylist should braid your extension tracks firmly but comfortably to your natural hair. You will feel tension when they are being applied but this tension should be even across your head so that you aren't in any pain. Once your extensions have been applied your head and hair will feel different for about the first two days; it will most likely make your hair feel heavier but once two days have passed your extensions will feel just like your normal hair.

When your hair extensions are being applied your stylist should not place them any lower than the base of your scalp, say about the middle of your ears. The reason that they are not applied any lower than this is so that your hair under this point covers the extensions if you want to wear your hair tied back or in styles such as French braids or French twists. This allows your extensions to be versatile and means that it really will feel just like your natural hair. Basically you will be able to create any style that you wish with your hair extensions in as you will just have to treat them exactly the same as you would treat your own hair.

Treating them exactly how you would treat your own hair also applies to the after care of your extensions, you should however use a mild shampoo and a strong conditioner when you are washing them as this will keep them in the best possible condition.

One worry that many people have when it comes to hair extensions is whether they will be able to wear their extensions whilst on holiday. You are free to keep your hair extensions in whilst you are on holiday as long as you take care. Getting your hair extensions wet will soften the bonds on them, which is why it is important that you dry your hair as soon as you can as having wet hair will put increased pressure on the bounds of your hair. Also you need to take care where chlorine is concerned as this can also damage your extensions. If you are wearing your extensions whilst on holiday it is advised that you tie your hair back and you use UV protection when sunbathing.

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