

Stop Visualizing to Get Manifestation

When using visualizations to make the Law of Attraction yield to you your desires, you are in massive contradiction to the Law of Attraction itself.

The Law of Attraction will yield to you more of what you give your attention.

So, if you visualize in order to manifest more money, you will be giving two things your attention. You will be giving more money your attention (which is what you want), but you will also be giving your attention to where you currently are, since you don't already have the manifestation.

Can you see the madness in this?

Visualizing for the attainment of something is in contradiction of the Law of Attraction.

That isn't to say that visualizing your desires isn't powerful and does not work. It can work very well, yet you just need to make a gentle shift in order to see better results.

Instead of visualizing to attain a desire, visualize for the fun of visualizing. Visualize your desires because they make you feel good! Not because you will receive something if you do the visualization.

This is one of the most common mistakes new Law of Attraction practitioners have when they start out. They see movies like "The Secret" and feel that if you place their attention on more money that they will get it. By doing that, you're giving your attention to not having the money you want, and you're also giving your attention to having more money.

How could the Law of Attraction possibly decide what to yield you, if you do that? Instead, the Law of Attraction will yield to you what you expect and believe the most, which tends to be the lack of money.

Try manifesting more money when you don't need it as much. Release your "wanting" of it so that you can actually just experience the delights of imagining what it's like with more money. Enjoy the visualization and allow it to make you feel good. This is when the fun starts happening.

My first ever deliberate money manifestation happened just like this. I wasn't attached to the outcome as I wasn't desperate for more money. I also didn't have any resistance to whether the Law of Attraction worked or not. I simply practiced what I had been taught and let it be at that.

I carried a check around with me detailing the exact amount of money I wanted to manifest. I made time to visualize my desire every single day and really enjoyed it. It made me feel more alive than I often do in "reality". I wasn't worried about not having the money, or whether I had it. I was simply enjoying the experience of visualizing myself with all of that abundance.

Within 30-40 days, I had received the plans from no where to make the exact figure I desired. Within 2 months, I had successfully done it and from that moment on, I was hooked to the Law of Attraction and this new way of living.

Make time for yourself and visualize to feel good, not to manifest stuff.

About the Author

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