

Your Options For a Stretch Mark Removal Cream

The best time to start using a stretch mark removal cream is during the early stages of pregnancy. However, it is not too late to start using the cream and get great results even after already developing stretch marks on your skin. Other stretch mark creams might offer to remove stretch marks completely but only a few of them truly works. There are three options to choose from and any one of them can be your best bet against this unsightly problem.

Scar Removal Process

The first stretch mark removal cream that might work for you is one that boasts of scar removal process. The first step in the healing process involves the stripping of dead layers of skin by the ingredient glycolic acid. The glycolic acid that can be found in the formula is one of the most popular ingredients in the world used for skin exfoliation. The problem of stretch marks is contributed by your skin's inability to discharge dead skin cells which is why stretch marks become a permanent scar. The exfoliation of your skin will counter this problem by allowing new skin to form and take the place of the dead skin.

The second step in the process is the promotion of collagen production by the ingredient called centillica asiatica. This ingredient is a natural extract that can stimulate the production of collagen, a protein responsible for skin tone and structure. Without collagen, the layers of the skin are weakened and can easily break once it is stretched which results to the formation of stretch marks. Therefore, the second step in the healing process involves the strengthening of the skin. The third tier in the scar removal procedure uses medicinal ingredients from nature to restore the skin to its healthy state. These include Aloe Vera, Vitamin E and Witch Hazel. These all work together to heal and tighten the skin.

Safe to Use

There is also another stretch mark removal cream that can help you with your stretch mark problem. This product is safe to before, during, and after your pregnancy. Stretch marks are essentially scars and are difficult to remove completely which is why prevention is important. And one way of preventing scars from forming is by using the cream even before stretch marks have developed. This formula contains one hundred percent natural ingredients like squalene oil, aloe vera, grapefruit seed extracts, vitamins E, D3, and A. These ingredients are potent enough to increase the elasticity of your skin and to promote the production and restoration of skin cells. In addition to those benefits, this cream can also strengthen and protect your skin. But most importantly, it can help diminish the appearance of stretch marks.

Anti-Oxidants and Collagen

The last option is using a Collagen-rich product, another major protein that make up the structure of the skin. This product can provide the skin with these essential elements because it contains active natural ingredients that are composed of peptides, proteins, anti-oxidants and humectants. Humectants help keep your skin moisturized. Once these substances reach the skin, the scars and the discoloration which characterizes stretch marks are greatly reduced.

About the Author

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