

## How do Nurses Deal With Being Away From Home During Important Occasions?

We know how precious it is to celebrate special occasion with our loved ones. As much as possible we want to be with them during Thanksgiving, Christmas, and other important holidays. However, not everyone gets to enjoy with the rest of the world.

Tragedy strikes at any time. Accidents will not stop from happening because of special occasions. It is because of this fact that most medical personal are still in their landau scrubs even if the rest of the town are sipping champagne, sharing turkey, or counting the seconds. They attend to their patients while almost everyone are home sharing that moment with their family.

If you are new to the profession, it is very difficult especially if you have close family ties. Surely, most of the nurses would want to be around their loved ones, particularly with their kids to celebrate memorable events. However, duty calls. Their clients do not go on vacation on certain dates. You cannot order them to get well during these times either.

This is just one of the challenges that our nurses face today. They do not spend as much time with their family as they want to. Most of them do not have a schedule that matches the schedule of other family members. When they are back from work, everyone has left.

Nurses have given so much of themselves to perform their duties and responsibilities. You might ask how they deal with this. Why do they last long?

Everyone has their ways of dealing with different situations. Nurses must have looked at these circumstances in a very positive perspective because they continue to do what they do. If you face the same dilemma and do not know how to handle it, here are some helpful suggestions:

1. Find a common schedule and prepare to do a memorable activity. The good thing about the schedule of nurses is that it changes. When you get a schedule that fits the schedule of your family, make it count by doing something memorable.
2. If you cannot be with them during the important occasions, find another time to celebrate it. Ask your other family members and find an activity that all of you can agree on.
3. Make sure that your loved ones understand the nature of your work. Do not assume that they know the demands of your work because most of the time they do not. Explain to them, especially to your children why you do not have the same timetable as others who have regular day jobs.
4. Leave them messages by writing notes. This is very effective. Do you remember how you felt when you saw a note inserted in your books by someone you like? We may live in the information age, but written notes still give a different impact.
5. You also have to make an effort to find time for them. All jobs are tiring and stressful. Do not think that your partner is the only person who should make compromises. You need to do your share to make things work.

No one said that it is going to be easy. Remember, great things come from hard work and sacrifices.

### About the Author

Brent McNutt is actively involved in the subject of Landau Scrubs such as [landau medical scrubs](#) and [landau scrub](#) and enjoys networking with healthcare professionals online.

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