

## A New Form of Plastic Surgery: Butt Augmentation

Most people would agree that there's something about themselves that they'd like to change. Some people would like bigger boobs. Other people might want a more sculpted face and body. Then, there are the people who would like something else – a bigger butt.

These people would be happy to know that there is now a procedure called butt augmentation that can help achieve a shapelier bottom. Butt augmentation seems like a funny procedure to have, but it's one that a surprising amount of people are opting to do.

So, what is the butt augmentation procedure? It's actually a procedure in which the muscles in the buttocks are tightened to give a more youthful appearance. In this way, it's much like a breast lift, because, let's face it, the butt is also extra padding, just in a different area. It's important to note that there are also a couple of other ways to achieve butt augmentation.

Another option is to have fat transferred from another area of the body. This is actually a procedure that surgeons recommend patients considering above the other options. The reason for this is because the area that has the fat sucked out will thus become leaner. The buttocks definitely benefits from this kind of procedure as well, with the fat providing it with a more natural look and feel.

The other option is to have silicone implants inserted into the buttocks. This kind of augmentation procedure is recommended only if the patient has very little body fat to enable a fat transfer. You can't help but wonder, however, if this kind of procedure would be of interest anyway, since it might be uncomfortable to sit on those implants, right?

Why are people flocking to get this kind of procedure (which is also known as "The Brazilian Butt Lift")? It's simple: They want a curvy figure that mirrors that of Jennifer Lopez. Throughout history, women with curvy figures have been celebrated in art and music. So, it comes as no surprise that women who feel inadequate in the curvaceous department want to augment certain features.

So, if a woman wants a bigger butt, why doesn't she just gain some weight? Fat usually migrates to that area anyway (hence the annoying but common problem of cellulite). Believe it or not, some women's metabolisms just don't provide that as being an option. These women are naturally stick-thin, and there's nothing they can do about it.

However, it's important to note that the butt-lift factor is for people who do have big butts to begin with, but they're sagging. They want that pert look they used to have, so they can look cute in swimsuits. It should be noted that the cost of this kind of procedure is not inexpensive, and so if you want a bigger butt, you should definitely be ready to pay for it. Or, if you're looking for an inexpensive alternative, you can always just get two small pillows and put them in your pants. After all, no one would know, right?

## About the Author

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