

Carhartt Clothing: The Importance of Good Work Socks

When you think of your work attire, socks may not be at the top of your thoughts. However, the minds behind Carhartt Clothing recognized that socks can be just as important to your overall well-being and safety as any other piece of clothes you're going to be wearing in the workplace. With that in mind, you'll find some information below about the importance of socks and about the benefits of choosing socks from Carhartt Clothing.

Are Carhartt Clothing Socks Important?

The answer is that they are very important. If you're one of those people who don't like to wear socks with your shoes, you could be opening yourself up to some serious problems. Not only is blistering more likely but because the environment inside your shoes is so conducive for the growth of bacteria and fungi you could end up with a serious case of athlete's foot, ringworm, or other problems. Plus, the combination of sweaty bare feet and leather shoes with little ventilation makes for a smelly concoction.

Which Socks Should I Avoid?

The best advice on socks for people who are doing hard, physical labor or who are on their feet all day comes from runners. These people know how to take care of their feet. They always recommend avoiding socks that are made from 100% cotton. The reason is that cotton does not release moisture very well. That means all of the sweat gets collected in the socks and that moist environment couples with the darkness and warmth of your shoes can be a breeding ground for trouble.

You also want to look for socks that are designed for certain activities. Dress socks, for example, would never last a day under the work conditions most of us would put them through.

Benefits of Carhartt Clothing Socks

Carhartt Clothing socks are designed specifically to meet the needs of workers who are going to be putting those socks through their paces on a daily basis. Take, for instance, the Carhartt gray cold weather work sock sold at WorkWear1. For starters, there's no cotton in the sock at all. Instead it's made from a blend of acrylic, nylon, wool, and spandex so that is comfortable, releases moisture, and provides warmth all at once.

The Carhartt Clothing sock also includes built-in cushioning around the parts of the foot and leg that need it the most. Plus, the heel and toe portions of reinforced so they do not develop holes as easily – these are generally the areas of the worst wear and tear on socks.

Although these socks do cost more than your average pair at nearly \$11 each, you're going to immediately realize the comfort and extra support will be well worth it during your workday. Plus, there's no reason to stock up when a single pair can last a long time.

The Final Word on Socks

Socks are clearly important for your comfort and your foot health. That's why you should always consider getting the best socks possible for your needs and for work that usually means socks from Carhartt Clothing.

About the Author

WorkWear1.com offers a great selection of [Carhartt Clothing](#) in addition to a wide variety of [Carhartt Outerwear](#) and many other [Carhartt Clothing](#) items.

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